



Circle of Care

2023-2024 ANNUAL REPORT



**Vancouver Aboriginal
Health Society**

Be · Connect · Root · Grow





Vancouver Aboriginal Health Society

Circle of Care

2023-2024 ANNUAL REPORT

4	Message from Board President Adam Munnings
6	Message from Executive Director Carrie Humchitt
8	Programs
9	Primary Care Clinic
12	Dental Clinic
13	Women's Mobile Primary Care
14	Indigenous Early Years
16	Our Circle is Strong
18	Sheway
20	Financial Report





Message from the President of the Board, Adam Munnings

On behalf of the Vancouver Aboriginal Health Society (VAHS) Board of Directors, I am honored to present *Circle of Care*, our annual report for FY 2024. This year's report highlights the ongoing commitment of our team and community as we adapt and expand to meet the health and wellness needs of urban Indigenous people in Vancouver.

In 2023-2024, VAHS's core programs continue to thrive, including the Wa chxw yuu Reaching Home Program, the Primary Care Clinic, the Dental Clinic, and *Our Circle is Strong* cultural programming, each providing essential health services, housing support, and cultural connections to those we serve. Additionally, the Sheway Pregnancy Outreach Program, the Indigenous Early Years program at the Phil Bouvier Family Centre in Strathcona, and the Women's Mobile Primary Care Program bring specialized support to the community. The mobile clinic reaches clients directly on the Downtown Eastside, strengthening our outreach efforts.

Through community-centered initiatives like our monthly sweat lodge ceremonies at Hastings Folk Garden, a new competition Pow Wow, and popular cultural events, we continue to foster healing and a vibrant community spirit.

Our team is especially excited for the upcoming move to our new Healing Centre at 52-92 East Hastings Street, set to open in fall 2025. This two-story, 20,000 sq. ft. facility will double our space and significantly expand our capacity to deliver primary health care, dental services, and cultural programming. The Healing Centre will be a cornerstone of the new Aboriginal Land Trust family and supported housing development, creating a vital hub for our community.

We celebrated this exciting future with a rooftop gathering, bringing together staff, partners, and community members in anticipation of the opportunities ahead. VAHS remains deeply committed to serving our community, and we are energized by all that lies ahead.

Sincerely,

Adam Munnings
President, VAHS Board of Directors

FY 2024 Board of Directors

CHAIR

Adam Munnings

VICE-CHAIR

Tim Michel

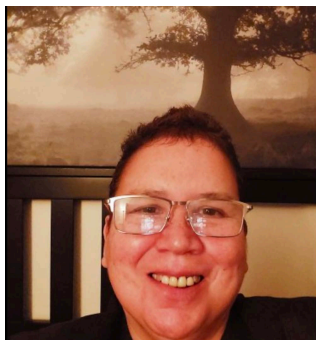
TREASURER

Vickie Whitehead

DIRECTORS

Tamara Goddard, Mathew Fleury, and Scott Venners





Message from Executive Director Carrie Humchitt

Welcome to the *Circle of Care*, VAHS's 2023-2024 Annual Report. VAHS practices a "culture of caring" and believes in meeting people where they are in their lives without judgment. Employees and clients work to develop genuine relationships based on trust and respect. This is achieved by creating a community that welcomes individuals from all walks of life, allowing them to be, connect, and grow.

This year has marked significant milestones, including VAHS hosting both the Mother's Day and Father's Day Pow Wows. These events brought thousands of people together to honor our mothers, matriarchs, and fathers. VAHS initiated the 2nd Annual Father's Day Pow Wow in the Lower Mainland, making this year the 40th anniversary of the Mother's Day Pow Wow—a resounding success.

Other notable achievements include the success of the Women's Mobile Primary Clinic, which expanded its services to provide more site visits for women in the DTES. The demand for this service is great, and we hope to expand it further in the coming year.

The Cultural Room has thrived, with high attendance for various activities, such as medicine picking, salmon smoking and preserving, regalia classes, a sobriety circle, a women's circle, and a new program for individuals impacted by HIV and Hepatitis C. Our Elders and Knowledge Keepers offer a welcoming and respectful environment, and our cooks provide delicious food for the DTES community year-round.

Our Indigenous Early Years Programs offer highly accessed services, including Building Blocks, the Family Violence Program, the FASD Program, Aboriginal Infant Development and Supported Child Development programs, Family Support Worker Program, Sheway, and *Reaching Home*, a new program for homeless individuals.

In our Dental Office, we have restructured and hired new permanent staff, including a full-time dentist. We have also raised the necessary funds for the dental space in the new VAHS Healing Centre. Our Medical Clinic remains a critical resource, offering low-barrier, culturally appropriate care in the DTES.

We have welcomed a new full-time Financial Controller, Bhupinder Kainth, who has enhanced financial accountability and transparency within our administration.

Our new Healing Centre is taking shape, and on October 30th, we held a Rooftop Celebration to recognize VAHS's progress, along with the contributions of our valued partners, funders, and the building crew. The event marked the pouring of concrete for the top floor. Previously, we held a groundbreaking ceremony (insert date), where *talalsámkin siyám* Chief Bill Williams blessed the new space and performed his annual change of seasons ceremony.

I am honored to be in my second year as Executive Director of VAHS and grateful for the support of the VAHS Board of Directors and the guidance of former Executive Director Rosemary Stager-Wallace.

All of us at VAHS are eagerly anticipating our move to the new VAHS Healing Centre in Fall 2025 and look forward to expanding our services to better support our Indigenous and non-Indigenous community members in the DTES.

We extend our sincere gratitude to our funders and community partners—Luma, Central City, Aboriginal Land Trust, and everyone involved in the construction of the new Healing Centre.

Respectfully,

Carrie Humchitt
Executive Director
VAHS

vahs.life



Programs



VAHS Primary Care Clinic

Primary Health Care Services Supported by Traditional Wellness Practices

The VAHS Primary Care Clinic (PCC) provides comprehensive, culturally safe, trauma-informed healthcare to urban Indigenous people and DTES residents, focusing on those with complex psychosocial needs. The interdisciplinary team includes medical staff, clinical support, and Knowledge Keepers, delivering care through medical exams, wound care, disease prevention, mental health counseling, and substance use services.

Key Services:

- **Primary Health Care:** Medical exams, STI/HIV treatment, immunizations, counseling, and traditional healing sessions with Elders.
- **Substance Use Support:** Opiate Agonist Therapy, harm reduction supplies, and assistance with detox and treatment.
- **Women's Mobile Primary Care Unit:** Launched in March 2023, this mobile unit provides primary care for women at three DTES locations, expanding access for women's health needs.

FY 2024 Highlights:

- **Patient Engagement:** Served 1,095 enrolled patients; the clinic remains at capacity with high demand.
- **Service Utilization:** 9,020 primary care appointments and 2,853 additional appointments were provided.
- **Top Conditions Treated:** Mental health issues, alcohol use disorder, and opiate use disorder.
- **Team Development:** Monthly team-building focused on self-care and cultural respect. Daily huddles were established for team coordination.
- **Cultural Programs Connection:** Continued integration with VAHS's Our Circle is Strong program, offering patients access to cultural ceremonies and Elder support.

Patient-Centered Initiatives:

- **Community Feedback:** Client feedback led to further cultural sensitivity training, particularly in addressing the effects of colonial trauma.
- **New Programs:** Introduced a weekly foot care clinic and continued outreach efforts to engage hard-to-reach clients impacted by the opioid crisis.

The PCC remains committed to providing holistic, culturally relevant care, fostering resilience, and supporting Indigenous wellness in the heart of the DTES community

Primary Care Clinic

STATS FROM APRIL 1, 2022, TO MARCH 31, 2023

1,296

Clinic

18 and counting

Mobile Unit

69 and counting

Cultural Wellness Clients

1,095

Total patients

Appointments

9,276

Primary Care Appointments

3,927

Other Appointments

VAHS's Primary
Care Clinic serves
the following four
purposes:

- 1 To provide culturally safe, trauma-informed, and relevant primary care services to urban Indigenous people living in the DTES community
- 2 To implement an Indigenous model of care at VAHS to support Indigenous primary care
- 3 To provide and enhance patient access to primary care services
- 4 To increase the number of Indigenous patient attachments to VAHS, to a primary care provider (MRP-Most Responsible Physician) and the PCC team

Target Outcomes

Client-focused Outcomes

Timely and consistent access to a primary care provider

Enhanced health care experiences grounded in trauma-informed, culturally safe care

Access to cultural opportunities, with Traditional Healers and Elders as part of care teams

Healthcare System-focused Outcomes

Improved access to primary care for urban Indigenous populations

Increased patient attachment

Enhanced ability of Indigenous clinical services clinicians to support clients and work in a team- based care model

Improved information sharing and collaboration with key service partners such as the First Nations and Aboriginal Primary Care Network (FNAPCN)



**Vancouver Aboriginal
Health Society**

VAHS Dental Clinic

Providing Low Barrier Dental Care to Vancouver's Urban Indigenous and Eastside Communities

VAHS's Dental Clinic, also known as the Eastside Dental Clinic, offers preventative and urgent services to patients with little or no dental coverage. Now in its 15th year of operation, the clinic offers services ranging from emergency care to counselling to address dental fear.

The VAHS Dental Clinic is the only Indigenous dental clinic in the not-for-profit sector in the province, outside of services provided on reservation that are supported by the First Nations Health Authority (FNHA). The clinic offers a full spectrum of services from exams and X-rays to specialty services like IV sedation, nitrous oxide treatment, implants, and clear aligners (orthodontic treatment without braces).

Eastside Dental remains the lowest barrier option to address dental needs for people living in the Lower Mainland. While the focus of clinic is on providing services to urban Indigenous people living in the region, non-Indigenous clients are also welcome to access services. The clinic keeps its costs low by leveraging relationships with other dental providers, dental schools, the FNHA, and dental supply companies for donations and volunteers. Volunteers play a crucial role in delivering services. It takes the efforts of up to 700 volunteer dentists, dental assistants, instructors, dental hygienists, and front desk staff workers to deliver services.

Our Vision

To be a proactive dental service that aims to make a difference in the dental not-for-profit sector while providing effective, efficient, and affordable dental care to the public.

Patient Services Detail

STATS FROM APRIL 1, 2023, TO MARCH 31, 2024

Services provided (excluding diagnostics)

788 Preventive

1208 Restorative

330 Endodontics

8 Periodontics

312 Prosthodontic (removable)

411 Oral surgery

41 Orthodontics

1353 General service

4451 Total number of services

Women's Mobile Primary Care

Delivering Essential, Culturally Safe Healthcare to Vulnerable Women in Vancouver's DTES

The Women's Mobile Primary Care (WMPC) program, launched by VAHS in 2023, delivers accessible, culturally safe healthcare to Indigenous and marginalized women in Vancouver's Downtown Eastside (DTES) via a mobile medical unit. This approach ensures women receive trauma-informed care directly in their communities.

Program Achievements

- **Enhanced Service Capacity:** Exceeding initial goals, WMPC visits 8-9 locations monthly, serving 40-50 patients, with 35% as new clients and 70% identifying as Indigenous.
- **Integrated Care:** WMPC follows a Two-Eyed Seeing model, blending traditional Indigenous medicine with Western healthcare to address physical, emotional, and spiritual health needs.
- **Comprehensive Services:** The program offers primary care, wound care, women's health checks, chronic illness management, harm reduction, and immunizations, along with referrals for specialized care.
- **Social Services Support:** A registered social worker assists clients with housing, social benefits, and other resources for stability.
- **Cultural and Holistic Support:** Cultural Outreach Workers and Knowledge Keepers provide traditional medicines, activities, and Indigenous-led support to create a culturally safe healing space.

Challenges and Future Needs

Part-time funding limits WMPC's capacity to offer continuous, managed primary care. To sustain and expand its impact, WMPC requires an additional \$200,000 annually, aiming to transition to a more comprehensive primary care model.

Strategic Partnerships and Community Impact

WMPC collaborates with key organizations like DEWC, ATIRA, and COSMO, enhancing service accessibility. Partnerships with the Ministry of Social Development and Poverty Reduction and Indigenous groups support WMPC's community-driven healthcare approach.

With ongoing funding and partnerships, WMPC is committed to expanding its reach and deepening its impact on Indigenous and marginalized women in the DTES.



Indigenous Early Years

Supporting Resilient Families Through Culturally Grounded Services

IEY offers seven core programs: Aboriginal Infant Development, Supported Child Development, Building Blocks, Family Support Workers, Reaching Home, FASD Supported Circle, and Family Violence Intervention. These programs, delivered at the Phil Bouvier Family Centre in Strathcona, emphasize land-based healing, cultural knowledge, and support from Elders and Knowledge Keepers.

Programs and Services Provided:

- **Early Childhood Development:** AIDP, Building Blocks, and FASD programs support urban Indigenous children and families through culturally connected services and include groups such as Ready Set Play, Aboriginal Mother Goose, and developmental playgroups.
- **Parenting Support Groups:** Various groups offer support, including Nobody's Perfect Parenting, Grief and Loss Circle, and Indigenous Women's Sharing Circle.
- **Skill-Building Workshops:** IEY provides workshops on housing, sibling relationships, traditional medicine-making, and more.
- **Food Security and Community Events:** A vibrant meal program provides over 9,000 meals annually, with food supports like grocery gift cards and meal events throughout the year.

FY 2024 Highlights:

- **Leadership Transition:** Doreen Macfarlane became the IEY Director, bringing extensive experience and a dedication to cultural learning.
- **Return to In-Person Services:** Programs fully resumed in-person delivery, enhancing engagement and participation.
- **New Funding:** Enabled hiring two new staff, increasing Elder support, and addressing housing challenges for clients.
- **Community Events and Ceremonies:** Hosted Solstice Ceremonies, Puberty Rites Camp, VAHS Pow Wow, and memorials.

Notable Programs:

- **Reaching Homes Program:** Provides homelessness prevention services, housing support, and events, such as winter clothing drives and meal programs.
- **Family Violence Intervention Program:** An 8-week program focusing on family wellness and conflict resolution.
- **FASD Supported Circle:** Supports caregivers with children impacted by FASD, providing advocacy, life skills, and community connections.

Funded by MCFD, IEY programs strengthen urban Indigenous families, promoting resilience, cultural pride, and community wellness.

IEY by the numbers

9

IEY Programs

35+

Workshops and groups offered

17

Special events hosted

Number of IEY staff

25

Full-time

5

Casual

400+

Families supported

600+

Children supported

Be · Connect · Root · Grow



Our Circle is Strong (OCIS) Cultural Team

Culture: Our Resource for Hope

VAHS's Our Circle is Strong (OCIS) Elders and Cultural Program fosters healing through cultural pathways. By offering ceremonies, workshops, teachings, and traditional foods and medicines, OCIS strengthens community wellness, deepens cultural connections, and supports resilience and positive change..

Program Expansion: OCIS has grown significantly, attracting participants from Greater Vancouver and nearby areas, including Chilliwack, New Westminster, and Surrey. Many clients committed to cultural workshops, gaining skills in beading, sewing, cultural arts, and engaging in ceremonies. The Cultural Team, dedicated to supporting sobriety and positive life changes, has created a welcoming environment for all participants.

Spiritual Ceremonies: OCIS hosts consistent spiritual ceremonies that provide grounding and healing:

- **Monthly Sweat Lodge Ceremonies:** Held at the Community Gardens.
- **Water Cleansing Ceremonies:** Led by Elder Eugene Harry at the Headwaters in North Vancouver.
- **Change of Season Ceremonies:** Seasonal ceremonies held at Strathcona Park with traditional songs.
- **Weekly Talking Circles:** Fostering open discussion and healing through sharing.
- **Drum Circles:** Teaching new singers drumming skills, song meanings, and vocal confidence.
- **Cedar Brush and Eagle Fan Brushing:** Provided by Elders and Knowledge Keepers for spiritual cleansing and healing.

Food and Medicine Harvesting:

- **Berry Harvesting and Jam-Making:** Participants harvested blueberries and blackberries, creating jam for year-round use.
- **Traditional Fish and Game:** VAHS provided salmon, halibut, and venison for preservation and sharing with the community.
- **Medicine Harvesting:** Rose hip, sage, red willow, wild mint, and lavender were gathered from locations in the Sunshine Coast and Interior BC, shared with VAHS patients and the community.
- **Devils Club Salve:** Elder Chief Bill Williams harvested and prepared Devils Club for salves and protection for VAHS spaces.

Cultural Programs and Skill Development:

- **Monday Beading:** Elder Nina Thomas taught beading techniques in a quiet, communal setting.
- **Textile Thursdays:** A popular weekly gathering where participants crafted ribbon skirts, vests, and pow wow regalia with guidance from Knowledge Keeper Tina Aquash and guest Elder Marlene Ankerman.
- **Women's Talking Circle and Star Ribbon Skirts:** Led by Knowledge Keeper Ruby Harry, drawing committed participants for cultural sharing and skills development.

Special Events: The OCIS Cultural Team hosted several special gatherings throughout the year, supporting participants in marking significant occasions:

- **Thanksgiving and Christmas Luncheons:** Community gatherings celebrating the seasons.
- **Truth & Reconciliation and Drug Overdose Awareness Days:** Honoring and bringing awareness to critical issues affecting Indigenous communities.
- **Annual Missing & Murdered Indigenous Women March:** Participants created and wore Ribbon Skirts to honor the cause.
- **Aboriginal Veterans Day:** Ribbon Shirts were made and gifted to veterans in recognition of their service.

The OCIS program remains committed to fostering cultural pride, personal resilience, and a strong sense of community among participants, creating a space for healing and empowerment through Indigenous teachings and ceremonies.



Sheway

Supporting Healthy Pregnancies and Parenting

Sheway's mission is to support pregnant and parenting people who use substances, along with their children, to promote healthy pregnancies and positive early parenting experiences. In FY 2024, Sheway celebrated 30 years of service, seeing an increase in client engagement post-COVID and providing essential health, outreach, and support services.

Program Highlights:

- **Enhanced Indigenous Cultural Programming:** Funded by the federal Substance Use and Addiction Program, Sheway increased Elder support, Indigenous workshops, and land-based healing activities, receiving highly positive feedback from clients and staff.
- **Peer Support Workers:** Two positions, one Indigenous, funded by the Provincial Perinatal Substance Use Program, play a vital role in Sheway's holistic care approach.
- **Sheway Partnership Committee:** Collaborative support from partners such as VAHS, Vancouver Coastal Health, YWCA, BC Women's Hospital, and more, ensuring comprehensive service delivery.

Response to Opioid Crisis: The ongoing opioid crisis created complex health needs, with many clients requiring outreach and additional support. The partnership with the VCH Overdose Outreach and Perinatal Substance Use Program helps Sheway deliver care for high-risk clients.

Sheway remains a vital source of care, community, and cultural connection, addressing critical needs with dedicated partnerships and essential support for Vancouver's vulnerable families.

Special Initiatives and Events:

- **30th Anniversary Celebration:** Opened with a prayer by Dr. Elder Roberta Price and featuring clients, staff, and partners sharing Sheway's impact.



- **Awards and Recognition:** Received the Greater Vancouver Food Bank's inaugural Full Heart Award.



Services to Pregnant and Post-partum People

In FY 2024, Sheway provided services to 327 pregnant and post-partum people who accessed the Sheway medical, outreach or drop-in services. Of these:

35%

are having their first baby

2%

have shared care with other providers

65%

have had previous children

41%

are on opiate replacement therapy

63%

self-identify as Indigenous

1%

are under 20 years of age

96%

use Sheway Medical Services

23%

are between 20-29 years of age

2%

have their own family doctor /midwives and access Sheway's social supports

57%

are between 30-39 years of age

19%

are over 40 years of age

Services to Children

In FY 2024, Sheway provided direct services to

478 children Of these:

62 babies born this year

49 babies (79%) were born full term (>37 weeks G.A.)

54 babies (87%) weighed over 2500 grams

43 babies (69%) went home from the hospital with their mothers

37 babies (45%) were still in their mothers' care as of March 31, 2024

13 babies (21%) went into foster care

2 babies (3%) were placed with family members

3 babies (5%) were still in hospital as of March 31, 2024

1 baby was stillborn

2 baby passed away

Financial Report



Financial Report for FY 2023

A Snapshot of VAHS's Financial Position for FY 2023

Supporting transparency and employing best practices, Vancouver Aboriginal Health Society annually retains an independent auditor BDO, to prepare its financial statements. Throughout the year, the Executive Director provides the Board of Directors with regular financial updates. These updates present information from all VAHS programs detailing the financial impacts of the society's activities.

In this annual report, the summarized financial statements are presented*. These documents include the Auditor's Report, Statement of Operations, Statement of Change in Net Assets, Statement of Financial Position, and Statement of Cash Flows.

* The complete financial report, with auditor's notes, is available at the VAHS office at 449 East Hastings Street during business hours.

Independent Auditor's Report

To the Board of Directors of Vancouver Aboriginal Health Society

Qualified Opinion

We have audited the financial statements of Vancouver Aboriginal Health Society (the Society), which comprise the statement of financial position as at March 31, 2024, and the statement of changes in net assets, statement of operations and statement of cash flows for the year then ended, and notes and Schedule to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2024, and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Society derives revenue from donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of donations revenue was limited to the amounts recorded in the records of the Society, and we were unable to determine whether any adjustments might be necessary to donations revenue, deficiency of revenue over expenses, and cash flows from operations for the year ended March 31, 2024, current assets as at March 31, 2024, and net assets as at April 1, 2023 and March 31, 2024. The predecessor auditor's opinion on the financial statement for the year ended March 31, 2023 was modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Other Matter

The financial statements for the year ended March 31, 2023 were audited by another auditor, who expressed a qualified opinion on those financial statements on November 23, 2023 for the reasons described in the Basis for Qualified Opinion section.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

BDO Canada LLP

Chartered Professional Accountants

Saskatoon, Saskatchewan

October 8, 2024

Statement of Financial Position

For the year ended March 31, 2024

ASSETS

CURRENT

2024

2023

Cash (Note 3)	\$ 1,633,918	\$ 1,804,655
Short term investments (Note 4)	6,485	6,473
Accounts receivable	188,223	107,907
Prepaid expenses	105,995	70,804
Goods and services tax recoverable	19,084	29,094
	1,953,705	2,018,933
CAPITAL ASSETS (Note 5)	458,663	587,986
LONG TERM PREPAID EXPENSES	100,000	160,000
	\$ 2,512,368	\$ 2,766,919

LIABILITIES

CURRENT

Accounts payable and accrued liabilities	\$ 169,128	\$ 423,205
Amounts repayable to funders (note 6)	-	119,017
Deferred revenue (Note 6)	2,323,813	1,899,784
Wages payable	224,302	189,279
Government remittances payable	26,526	25,960
	2,743,769	2,657,245
DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS (Note 7)	126,464	180,622
	2,870,233	2,837,907

NET ASSETS

UNRESTRICTED	(690,064)	(478,312)
INVESTED IN CAPITAL ASSETS	332,199	407,324
	(357,865)	(70,988)
	\$ 2,512,368	\$ 2,766,919

Statement of Changes in Net Assets

For the year ended March 31, 2024

	Invested in Capital Assets	Unrestricted	2024
Balance - BEGINNING OF YEAR	\$ 407,324	\$ (59,914)	\$ (70,998)
Deficiency of revenue over expenses for the year	-	(286,877)	(286,877)
Amortization of capital assets	(190,138)	190,138	-
Deferred contributions related to capital assets received	-	-	-
Amortization of deferred contribution related to capital assets	54,198	(54,198)	-
Purchase of capital assets	60,815	(60,815)	-
Balance-END OF YEAR	\$ 332,199	\$ (690,064)	\$ (357,865)

	Invested in Capital Assets	Unrestricted	2023
Balance-Beginning of year	\$ 347,526	\$ (59,914)	\$ 294,186
(Deficiency) excess of revenue over expenses for the year	-	(358,600)	(358,600)
Amortization of tangible capital assets	(93,237)	93,237	-
Deferred contributions related to tangible capital assets received	(190,171)	190,171	-
Amortization of deferred contributions related to tangible capital assets	9,509	(9,509)	-
Purchase of capital assets	333,697	(333,697)	-
Balance-END OF YEAR	\$ 407,324	\$ (478,312)	\$ (70,988)

Statement of Operations

For the year ended March 31, 2024

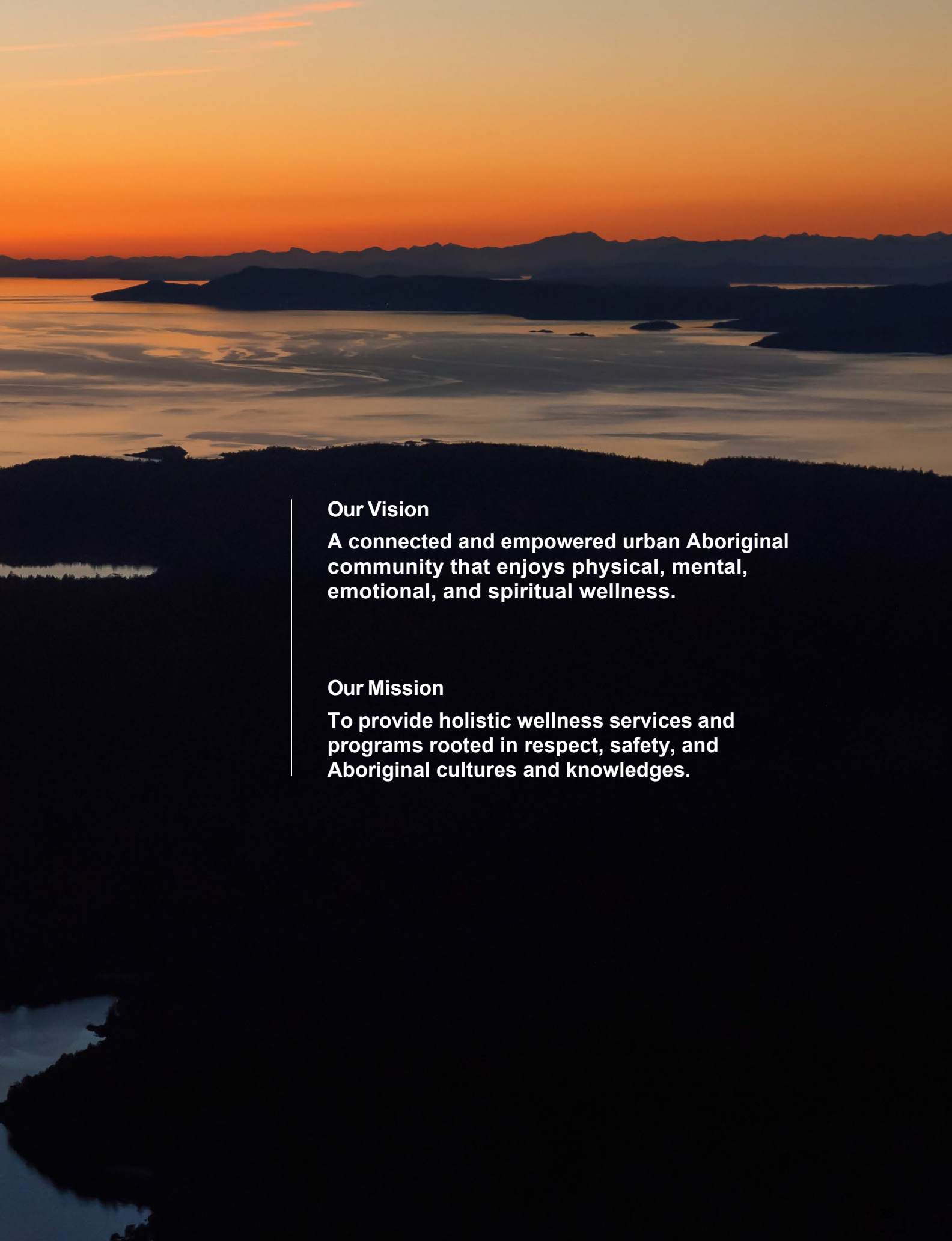
	2024	2023
REVENUE (Schedule)		
Province of British Columbia	\$ 4,081,869	\$ 4,092,004
Vancouver Coastal Health Authority	2,489,191	2,090,394
Dental services (Note 8)	1,250,240	887,322
Government of Canada	321,602	124,983
Donations (Note 9)	200,554	278,194
Other	150,852	26,398
Sixties Scoop Healing Foundation	134,666	388,667
BC Women's Hospital and Health Centre	51,896	50,849
Government of Canada - Public Health Agency	50,000	70,000
Dental financial support	34,491	122,183
Interest income	20,459	6,876
	8,785,820	8,137,870
EXPENSES (Schedule)		
Salaries and benefits (note 11)	4,142,651	3,835,771
Client services	2,000,312	2,035,700
Professional fees	649,303	609,254
Rent and utilities	616,009	565,845
Office and general	613,058	422,775
Medical supplies (note 9)	349,774	366,840
Rent subsidies	239,405	228,754
Amortization of tangible capital assets	190,138	93,237
Insurance	65,144	38,324
Automotive	61,653	57,362
Telephone	57,518	58,510
Meals and travel	47,195	67,626
Advertising and promotion	21,456	62,804
Training	7,925	44,370
Bank charges and interest	7,906	7,958
Donations	3,250	1,340
	9,072,697	8,496,470
DEFICIENCY OF REVENUE OVER EXPENSES FOR THE YEAR	\$ (286,877)	\$ (358,600)

Statement of Cash Flows

For the year ended March 31, 2023

	2024	2023
OPERATING ACTIVITIES		
Deficiency of revenue over expenses for the year	\$ (286,877)	(358,600)
Items not affecting cash:		
Amortization of tangible capital assets	190,138	93,237
Amortization of deferred contributions – tangible capital assets	(54,198)	(9,509)
	(274,872)	(274,872)
Changes in non-cash working capital:		
Accounts receivable	(80,316)	143,005
Prepaid expenses	24,809	(167,191)
Goods and services tax recoverable	10,010	(12,270)
Accounts payable and accrued liabilities	(254,077)	202,712
Amounts repayable to funders	(119,017)	119,017
Deferred revenue	424,029	(1,591)
Wages payable	35,023	75,248
Government remittances payable	566	3,810
	41,027	362,740
	87,868	87,868
INVESTING ACTIVITIES		
Purchase of tangible capital assets	(60,815)	(333,697)
Purchase of short-term investments	(12)	-
	(60,287)	(333,697)
FINANCING ACTIVITY		
Deferred contributions related to capital assets	-	190,171
(DECREASE) INCREASE IN CASH DURING THE YEAR	(170,737)	(55,658)
CASH, BEGINNING OF YEAR	1,804,655	1,860,313
CASH, END OF YEAR	\$ 1,633,918	\$ 1,804,655





Our Vision

A connected and empowered urban Aboriginal community that enjoys physical, mental, emotional, and spiritual wellness.

Our Mission

To provide holistic wellness services and programs rooted in respect, safety, and Aboriginal cultures and knowledges.



Be - Connect - Root - Grow





vahs.life

Vancouver Aboriginal Health Society

Main Office/Administration

449 East Hastings St. Vancouver, BC V6A 1P5

phone: 604-254-9949

fax: 604-254-9948 (not for medical faxes)

email: admin@vahs.life

web: vahs.life